੧ਓ ਸ੍ਰੀ ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫ਼ਤਹਿ

पंजाब एण्ड सिंध बैंक
(भारत सरकार का उपक्रम)

Punjab & Sind Bank
(A Govt. of India Undertaking)
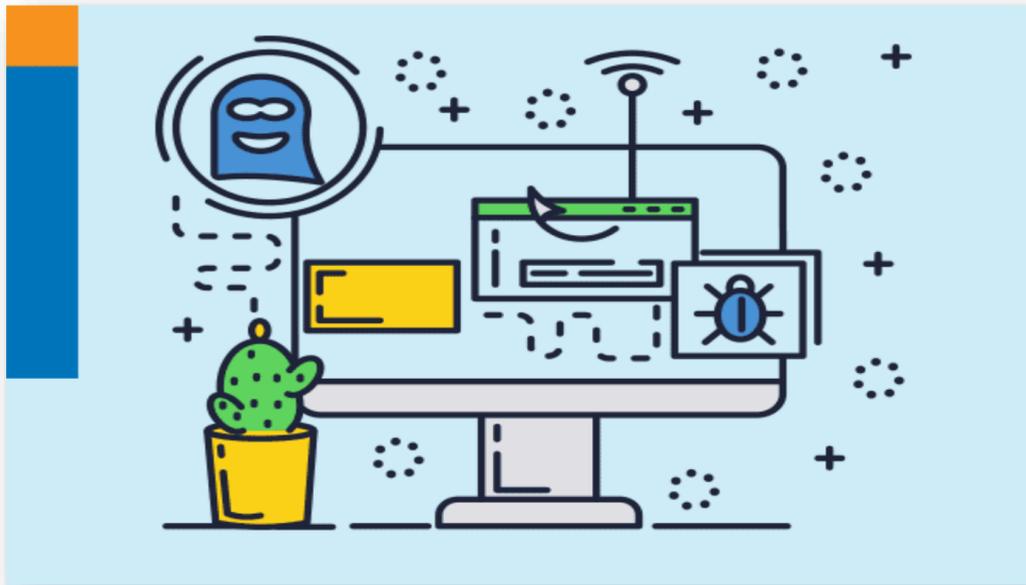
Where service is a way of life

CYBER JAAGROOKTA DIWAS
01-03-2023

CYBER HYGIENE

Keep your software up-to-date: Always update your software, including operating system, web browsers, antivirus, and other applications to ensure that any known vulnerabilities are patched.

Backup your data: Regularly backup your important data to a secure cloud or physical storage device. This will help you recover your data in case of a cyber attack or hardware failure.

Use strong passwords: Use strong, unique passwords for all your online accounts and never share them with anyone. Consider using a password manager to generate and store strong passwords.

Be cautious of phishing emails: Be wary of emails, links, or attachments from unknown sources, as they may be part of a phishing scam designed to steal your personal or financial information.

Use two-factor authentication: Two-factor authentication provides an extra layer of security by requiring a secondary code, usually sent to your mobile device, in addition to your password to access your accounts.

Secure your devices: Protect your devices with passwords, PINs, or biometric authentication. Also, avoid using public Wi-Fi networks, and use a virtual private network (VPN) when accessing sensitive information.